

# Adultery

If you are having an affair or contemplating having an affair, we want you to know that God loves you and has a better plan for you. Adultery can be physical and/or emotional in nature. At its very core, adultery begins with the desire to escape from your current circumstances. However, adultery is not a solution but will add layers to the situation that you are facing.

Adultery is not what God wants for you. Some people believe that they have “been led by God” to have a relationship with someone other than their spouse. We need to understand that God would never lead someone to do something He is against.

We don't believe that it is possible to pursue Jesus and a relationship with someone outside of your marriage at the same time. We must do what we can to avoid temptation. This could include: avoiding contact with former boyfriends or girlfriends via Facebook or other social media or spending time alone with someone of the opposite sex who is not your spouse.

If you are currently involved in an affair (physical or emotional), it is important to confess this sin to God (1 John 1:9), as well as to others, including those you have hurt or deceived in the process. If you find this confession hard to do, seek help! We are here to help you, not to judge you, through this difficult and critical spiritual issue.

If your spouse has been involved in an adulterous relationship, this time is very difficult for you. It does not mean, however, that you should file for divorce. Affairs do not end marriages; the inability to forgive ends them. Hopefully, your spouse has confessed their sin to you and asked for your forgiveness. Granting forgiveness can be difficult; yet, with God's help, you can make that choice.

If you would like to speak with someone about your situation, we would love to help you and pray with you. Please contact the ChurchWithU office or you can email us at [care@churchwithu.com](mailto:care@churchwithu.com).



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